



Letter from the Editors-in-Chief

Cody Hillin, MD MS and James Friedman, MD



Welcome to the 26th edition of the University of Pennsylvania Orthopaedic Journal (UPOJ). The UPOJ began in 1985 under the leadership of Dr. Carl T. Brighton as the nation's first fully resident-run journal of orthopaedic surgery. Since its inception, the UPOJ has been a source of pride for the department, which we strive to continue with this 26th edition.

We have organized this edition of the UPOJ into two major sections. The first section describes original research projects completed over the last year, and is divided into clinical and translational topics as well as basic science subjects. Clinical topics are sectioned by department and many sections include operative techniques specific to that department that may prove helpful for the budding physician. The format of all research articles continues in the "extended abstract" format which has allowed concise yet complete presentation of work from both clinical and basic science research.

The second major section of the journal covers the clinical and educational progress of each orthopaedic department over the previous year. This includes updates from each clinical and research division. Additionally, it details the visits of several

distinguished faculty to the University of Pennsylvania over the last year to both lecture and lead cadaveric dissections. The UPOJ concludes with an overview of the current residents, including the chief residents and their post-graduation plans.

As a resident organized journal, the UPOJ would not be possible without the vision of our chairman Dr. L. Scott Levin and program director Dr. Craig Israelite, or the guidance of our faculty advisors Drs. Samir Mehta and Jaimo Ahn. Additionally, the assistance of our section editors to review research articles has been invaluable: Drs. Joshua Rozell (Arthroplasty), Matthew Sloan (Epidemiology), Jenna Bernstein (Hand), Daniel Gittings (Pediatrics), Zachary Zimmer (Shoulder & Elbow), Blair Ashley (Spine), Daniel Lim (Sports), Tyler Morris (Trauma), Russell Stitzlein (Tumor), Nicki Zelenski (Cartilage), and Jonathan Slaughter (Tendon & Ligament). We would like to also thank our sponsors, which have allowed the UPOJ to be financially independent from the Department of Orthopaedic Surgery since 1997.

On behalf of all the contributors to the UPOJ this year, we hope you find the 26th edition an educational highlight of all the efforts of a department continually striving for excellence.



Sincerely,

Cody D. Hillin, MD, MS and James M. Friedman, MD
Editors-in-Chief

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