



Continued Evolution of the MSKR Service Line

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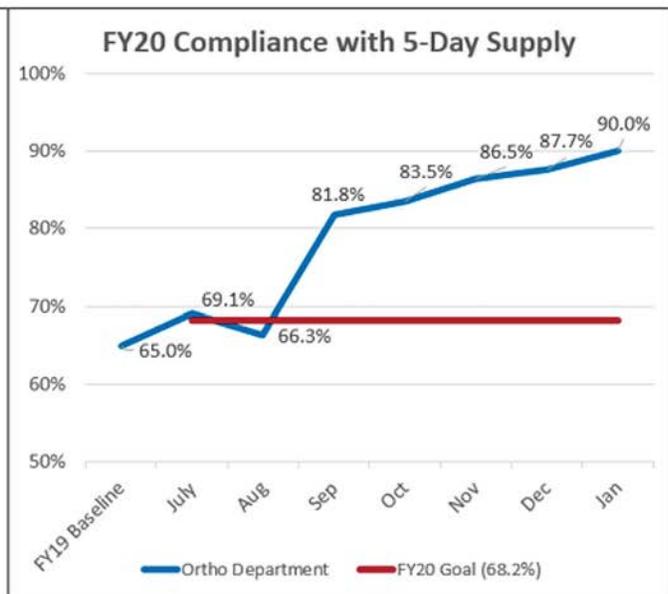
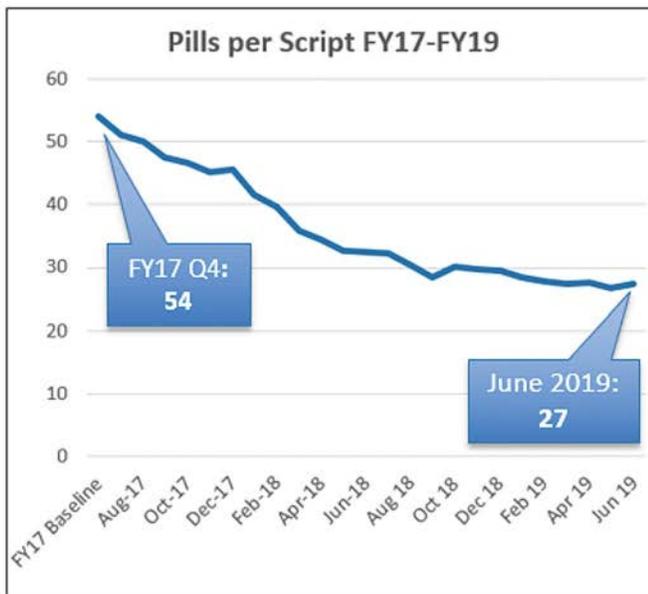
Director, Service Line & Network Integration, Musculoskeletal & Rheumatology Service Line

The Musculoskeletal and Rheumatology Service Line continues to work to enhance connections and advance care across the departments, divisions, and hospitals that serve our patients. As we navigate the constantly changing local and national healthcare landscape, we are proud of our accomplishments and are poised to tackle the challenges ahead.

Opioid Stewardship

The MSKR Service Line has made significant contributions to reducing the use of opioids in support of health system and national agendas in fighting the opioid epidemic. For the past several years the Department of Orthopaedics has

focused on pills per outpatient script, which have been reduced 50 percent from FY17 through FY19. For FY20, we have shifted our focus on complying with the 5-day supply recommendations, and in the first half of the fiscal year have improved from 65% to 90% of all prescriptions being for a 5-day supply or less. These are significant strides, showcasing the commitment of our surgeons, and strong partnership efforts with pain management and other colleagues across the health system. These successes are coupled with other efforts to continue to move the needle, including development of opioid-sparing peri-operative pain protocols, as well as participation in research studies to better understand patient opioid consumption patterns.

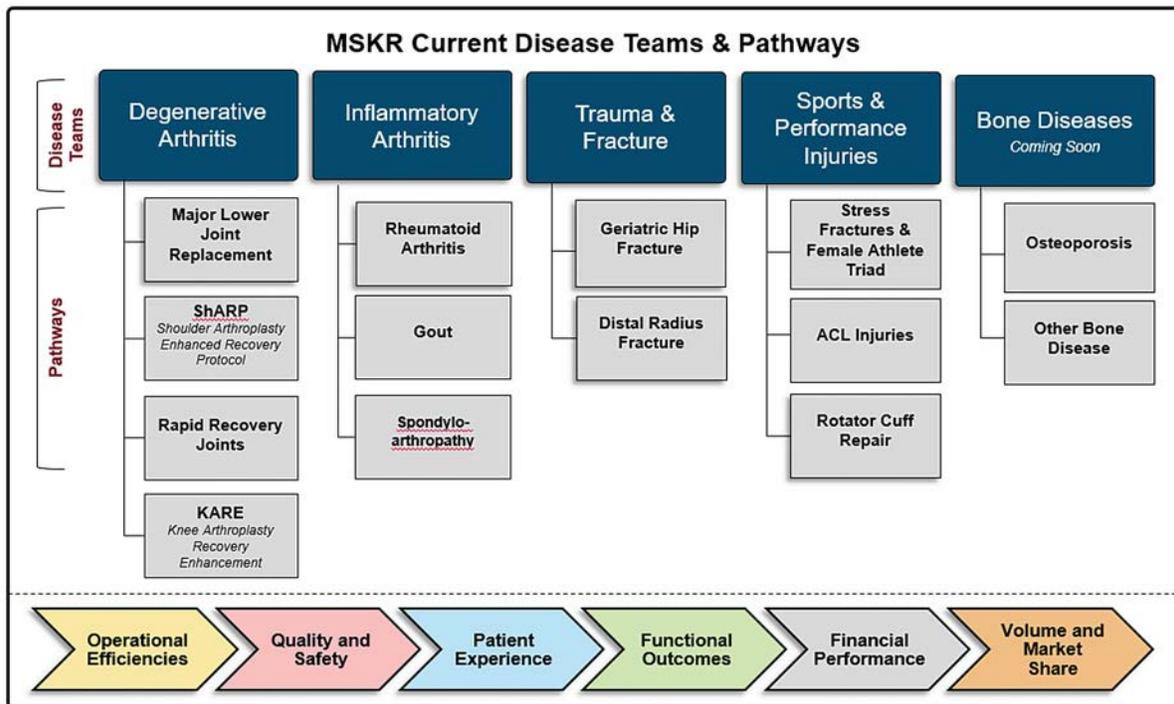


Improving Care for Patient Populations

The service line multidisciplinary disease teams continue to be the vehicles used to drive advancements forward in care for distinct patient populations. One of our key focus areas has been length of stay reduction efforts, with our Degenerative Arthritis disease team working to get patients home faster and safer through work on care pathways related to hip, knee, and shoulder replacement surgery. We have worked closely with our hospital partners to improve early mobility through enhanced physical therapy resources and protocols, develop pathways for same-day unilateral knee replacement surgery, and improve patient selection and compliance for total shoulder replacement enhanced recovery efforts. The policy and reimbursement environment continues to evolve related

to procedures that can be done on an outpatient basis, and we are working diligently to ensure we remain ahead of the curve.

We are in the planning stages of launching a new disease team for Bone Diseases, focusing on improving care for patients at-risk of, or with Osteoporosis, as well as other bone diseases. Given the aging population and the increasing prevalence of fragility fractures being cared for by our orthopedic surgeons, this is an underserved area with significant opportunity to enhance how patients are screened and treated. This will truly require a multidisciplinary approach, inclusive of rheumatology, orthopaedics, primary care, endocrinology, pharmacy, radiology, and others. We are excited to move this work forward and tackle the challenges of optimizing care for these patients.



Affiliate Network Development

The MSKR Service Line continues to develop our affiliate network of external hospitals and physician groups, aimed at enhancing care and access in local communities beyond our traditional service area. In the summer of 2019, we welcomed Grand View Health as an affiliate of our Orthopaedic Specialty Network. Located in Sellersville, PA, about an hour northwest of Philadelphia, Grand View is an independent community health system with a small employed orthopaedic group. We are working closely with the Grand View team to assist them in continuing to enhance the quality of care provided to patients

of Bucks and Montgomery Counties, while streamlining care for complex patients referred to our specialists downtown.

We also bolstered our relationship with Cape Regional Medical Center, located on the New Jersey coast, by adding a third faculty member to the Penn Orthopaedics at Cape Regional practice. Susan Harding, who was previously the orthopaedic trauma lead at Hahnemann University Hospital, has joined the group and is providing a full spectrum of fracture care as the first fellowship trained orthopaedic traumatologist on their medical staff.