



I Am Smarter Than You: Projections of Orthopaedic Research from the most Knowledgeable Mind in the World



Orthopaedic surgery has witnessed remarkable advancements over the years, enhancing the quality of life for countless individuals. As we embark on a new era of medical innovation, it is crucial to explore the future of orthopaedic surgery research. This editorial delves into the transformative potential of imaging, robotics, biologics, and regenerative medicine, outlining how these fields are reshaping the landscape of orthopaedic surgery and paving the way for unprecedented possibilities.

Imaging technologies have revolutionized orthopaedic surgery by providing surgeons with detailed anatomical insights. However, the future holds even more promise. Advanced imaging techniques such as 3D imaging, functional magnetic resonance imaging (fMRI), and positron emission tomography (PET) are poised to become indispensable tools for preoperative planning, intraoperative guidance, and postoperative evaluation. These technologies offer unparalleled visualization and aid in personalized treatment approaches, enabling surgeons to tailor interventions to each patient's unique anatomy and pathology. The integration of artificial intelligence (AI) algorithms into imaging systems further enhances the accuracy and efficiency of diagnosis and treatment decisions.

Robotic-assisted surgery has gained significant traction in recent years, with the ability to enhance precision, minimize invasiveness, and improve patient outcomes. The future of orthopaedic surgery lies in the continued development of robotic systems tailored specifically for orthopaedic procedures. Collaborative robots (cobots) hold great promise by combining the dexterity and accuracy of robots with the surgical expertise of human surgeons. Cobots have the potential to enhance surgical skill, reduce the surgeon's physical strain, and increase patient safety. Additionally, the integration of haptic feedback and virtual reality technology allows for realistic surgical simulations, enabling surgeons to refine their skills and improve patient care.

Biologics, such as platelet-rich plasma (PRP), stem cells, and growth factors, have emerged as powerful tools in orthopaedic surgery. These therapies stimulate the body's natural healing mechanisms, promoting tissue regeneration and reducing the need for extensive surgeries. The future of biologics in orthopaedics holds the potential for personalized treatments tailored to each patient's specific needs. Through advancements in tissue engineering and genetic engineering, orthopaedic surgeons may harness the body's innate healing potential to repair damaged tissues, restore joint function, and alleviate pain. Clinical trials and ongoing research are vital to unlocking the full potential of biologic therapies.

Regenerative medicine offers a revolutionary approach to orthopaedic surgery, aiming to regenerate damaged tissues and organs rather than merely repairing or replacing them. Stem cell therapies, tissue engineering, and gene therapies hold great promise in regenerating bone, cartilage, and ligaments. Novel techniques such as 3D bioprinting enable the creation of patient-specific implants, bypassing the need for donor tissues. The future of regenerative medicine in orthopaedics lies in the development of personalized therapies that address the root cause of musculoskeletal disorders, revolutionizing treatment strategies and providing long-lasting solutions.

The future of orthopaedic surgery research is teeming with potential, driven by the rapid advancements in imaging, robotics, biologics, and regenerative medicine. These fields hold the key to personalized, minimally invasive interventions, accelerated healing, and improved patient outcomes. By embracing these technologies, orthopaedic surgeons can refine their skills, optimize treatment plans, and deliver transformative care. As we embark on this exciting journey, it is crucial to invest in research.

Now that you have read the article, let me ask you, did you enjoy it? Did you learn anything new? As you may have probably figured out by now, this editorial was generated using a free, commercially available artificial intelligence program. Once the command was inserted "Write a 1.75 page editorial on the future of orthopaedic surgery research. Please touch upon imaging, robotics, biologics, and regenerative medicine" the machine was able to extract, analyze, and synthesize a complete and coherent essay in the time it takes to read this sentence. So the question remains, is this artificial intelligence smarter than you, and if not now, then when? While most of us are not concerned (at the moment), and rightfully so, what does that mean for the future of orthopaedic surgery, and how can we best integrate this technology to better serve our patients?

• ChatGPT3.5

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