



# Alumni Residents: Where are they now?

## Sudheer Reddy

**Fellowship:** Sports Medicine at University of California - San Francisco, San Francisco, CA; Foot and Ankle at Oakland Bone and Joint with Roger Mann, Oakland, CA

**Current Employment:** Shady Grove Orthopaedics/Medical Faculty Associates George Washington University, Rockville, MD



### *How has training at Penn impacted your practice?*

Coming from Penn, you will be well trained. Residency gives you the tools and the background to work.

### *What have you learned in your first decade of practice?*

Orthopaedics is a continually evolving field. What you end up doing in practice changes over time and will be far different from what you learned in residency.

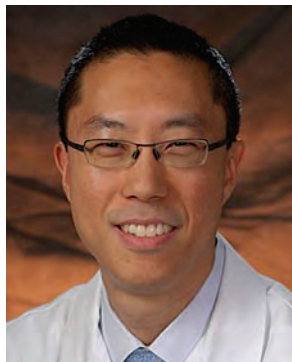
### *What advice would you give residents?*

Don't be afraid to change. Don't be afraid to ask for help either. Don't be afraid to admit your mistakes or complications. We all have them. It is how you handle them that matters.

## Jamio Ahn

**Fellowship:** Orthopaedic Trauma at Hospital for Special Surgery/Cornell University with David Helfet, New York, NY.

**Current Employment:** University of Pennsylvania, Philadelphia, PA.



### *How has training at Penn impacted your practice?*

In every way possible.

### *What have you learned in your first decade of practice?*

That we have really awesome jobs as orthopaedic surgeons. The learning never stops, and while it also never really gets easier, you can always have fun.

### *What advice would you give residents?*

Work hard, work smart, work happy. Take great care of your patients, yourself, your family, your friends, and your colleagues around you...every single day.

## Gautam P. Yagnik

**Fellowship:** Sports Medicine at UHZ Sports Medicine Institute, Miami, FL

**Current Employment:** UHZ Sports Medicine Institute, Miami, FL



### *How has training at Penn impacted your practice?*

Penn Ortho gave me a great foundation on which I have built my orthopaedic career. In addition, I have made lifelong friends that I still stay in touch with even though we are scattered throughout the country.

### *What have you learned in your first decade of practice?*

The main thing that I have learned is that medicine is constantly changing.

### *What advice would you give residents?*

As long as you always put your patients first and act in their best interest, you will be happy and successful.

## John (Todd) R. Lawrence

**Fellowship:** Pediatrics at Children's Hospital of Philadelphia, Philadelphia, PA; Sports Medicine and Shoulder Surgery at Duke University Hospital, Durham, NC.

**Current Employment:** Children's Hospital of Philadelphia



### *How has training at Penn impacted your practice?*

Training at Penn instilled in me the practice of being a lifelong learner and always questioning what I was doing and why.

### *What have you learned in your first decade of practice?*

Be nice to all of the people that make it possible for you to do what you do. That includes people you can easily recognize, like your family, your assistant, the OR nurses, and your office assistants. More importantly though, it includes many people you rarely interact with, like the call center staff, the appointment schedulers, and the front desk and administrative people in the clinic and the OR. Get to know these people and thank them often for all that they do to make your practice work.

***What advice would you give residents?***

Learn the fundamentals. They never change. Have a reason for everything that you do and be willing to change how you do things when another better reason comes along.

**Kristopher Downing**

**Fellowship:** Joseph H. Boyes Hand and Microvascular Surgery at University of Southern California, Los Angeles, CA

**Current Employment:** Synergy Specialists Medical Group, San Diego, CA

***How has training at Penn impacted your practice?***

I am prepared to handle orthopaedic patients very well. The attending staff at Penn instilled in me the general principles that have led me to be an effective, reputable orthopaedic surgeon in San Diego County.

***What have you learned in your first decade of practice?***

The logistics of private practice. Optimizing referral source relationships. Daily operations efficiency. What not to do. Forming strategic alliances/partnerships. Follow the relationships, not the money.

***What advice would you give residents?***

Work hard. Play hard. Strike a delicate balance that will keep you mentally and physically strong. Daily exercise, proper nutrition, mindfulness and meditation have all been instrumental to maintaining my ability to work long hours and to safely and effectively execute services that I offer.

**Joshua Auerbach**

**Fellowship:** Spine Surgery at Washington University, St. Louis, MO

**Current Employment:** Bronx-Lebanon Health System, Bronx, NY

**Brian M. Vannozzi**

**Fellowship:** Adult Reconstruction at Anderson Orthopaedic Clinic, Alexandria, VA

**Current Employment:** Princeton Orthopaedic Associates, Princeton, NJ

**Rocco Bassora**

**Fellowship:** Shoulder Surgery at University of Southern California, Los Angeles, CA

**Current Employment:** Crystal Run Healthcare, Middletown, NY

