



Cartilage Symposium

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On September 7th and 8th, 2018, the University of Pennsylvania Department of Orthopaedic Surgery was thrilled to host the 8th annual Penn Orthopaedics 2018 Cartilage Repair Symposium. The symposium is geared toward orthopaedic surgeons, non-operative sports medicine physicians, physical therapists, athletic trainers, nurses, and physician assistants to present the latest techniques in cartilage repair. With a focus on basic science, the symposium also attracts the best scientists and engineers to present their cutting edge work. Organized by James L. Carey, MD, MPH, and Robert L. Mauck PhD, the symposium topics for discussion included basic science and biology of cartilage, translational considerations for cartilage repair, and the latest surgical and clinical techniques for cartilage repair and rehabilitation, as

well as an opportunity to engage in hands-on training in the most advanced cartilage repair techniques in the Human Tissue Laboratory at the University of Pennsylvania. Invited faculty included Tom Minas, MD, MS, Director of the Cartilage Repair Center in West Palm Beach, who discussed pushing the boundaries in repair of “high risk” chondral lesions. The symposium concluded with the surgical skill session, moderated by Miltiadis Zgonis, MD, where participants were able to observe and trial many currently available cartilage repair techniques. Under the leadership of Dr. Carey and Dr. Mauck, the symposium continues to grow in popularity and promises to be a gathering of the foremost cartilage repair specialists for years to come.



Figure 1. Word cloud created by Dr. James Carey demonstrating the most frequent faculty and speaker attendees, with larger font corresponding with higher number of symposiums attended.