



# Alumi Residents—Where are They Now?

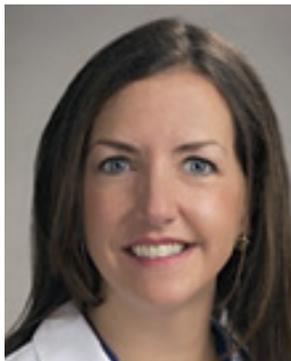
Matthew Counihan, MD



## Karen J. Boselli, MD

**Fellowship:** Shoulder, Elbow, and Sports Medicine at Columbia University

**Current Employment:** Concord Orthopaedics, Concord, NH



### *How has training at Penn impacted your practice?*

Not a week goes by without telling a story of something from residency that impacted me personally or professionally. My training at Penn taught me critical thinking. I learned to challenge myself daily, yet know my limits. I also learned to treat every patient, no matter how difficult, with respect.

### *What have you learned in your first decade of practice?*

The learning curve remains extremely steep. Ten years ago I thought that I knew all that I needed to start my career. In a sense, I did...but there is always a new challenge to face and nothing ever becomes “routine” in practice. I have learned to stay confident but extremely humble. I’m also extremely grateful that I chose a group with wonderful senior partners who continue to mentor me; they provide an incredible support system and a wealth of knowledge that you can only obtain from years in practice.

### *What advice would you give residents?*

Take advantage of having some of the best mentors in the world available to you. Soak of every bit of knowledge they have to give, and don’t hesitate to ask what you think may be a stupid question. If at first you feel humiliated for asking, you’ll still be glad in the end that you know the answer. Spend less time worrying about having the knife in your hand, and more time memorizing every step and taking in every pearl that your attending has to give. You’ll have plenty of time in fellowship and practice to continue to hone your technical skills, but only one chance to operate side by side with these brilliant surgeons.

## Andrea L. Bowers, MD

**Fellowship:** Sports Medicine and Shoulder Surgery at the Hospital for Special Surgery

**Current Employment:** Burlington County Orthopaedic Specialists, Mt. Laurel, NJ



### *How has training at Penn impacted your practice?*

I specifically chose to train at Penn because I ultimately wanted to practice near my hometown of Moorestown, NJ. I knew that the Penn pedigree would both open doors for local job opportunities and be recognized by patients as “brand name.” I also appreciate that I have direct access to my Penn mentors for easy referrals for complex cases when necessary.

### *What have you learned in your first decade of practice?*

Never be the first nor the last to adopt a new technology. Residency and fellowship provided a great foundation, but orthopaedics is always evolving, and it is critical to push your skill set beyond your comfort zone when necessary.

### *What advice would you give residents?*

Take notes on EVERYTHING. Your attendings are dropping pearls of wisdom everywhere. You never know what your practice will look like down the road, and the more variety of cases you are willing to take on, the faster your practice and patient base will grow.

## Gregory K. Deirmengian, MD

**Fellowship:** Hip and Knee Reconstruction, Rothman Orthopaedic Institute

**Current Employment:** Rothman Orthopaedic Institute, Philadelphia, PA



**Harish S. Hosalkar, MD**

**Current Employment:**  
Scripps Health, San Diego, CA



surgical techniques, etc. I have to constantly adapt and learn various things. I also learned that practice of medicine is humbling. I did not always get the results I had wanted/anticipated. I tried my best to learn from my past experiences to become a better surgeon. Most importantly, I truly learned the significance of what we do as orthopedic surgeons. The bond that we form with our patients and the work we do for our patients are amazing. I did not realize this as a resident when more patients equals more burdensome work. I now feel very fortunate and privileged to be able to take care of each one of my patients.

***What advice would you give residents?***

Get exposed to as many different aspects of orthopedics as you can - you never know what kind of practice you will end up in. Scrub in as many cases as you can but also be eager to cover clinics - what you learn in clinics is just as important as what you learn in the OR. Learn from the surgical complications you see - you will get them as well and will need to learn how to identify and manage them.

**Jonas L. Matzon, MD**

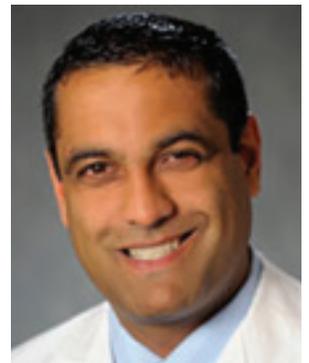
**Fellowship:** Hand Surgery,  
Curtis National Hand Center,  
Union Memorial Hospital

**Current Employment:**  
Rothman Orthopaedic Institute,  
Philadelphia, PA

**Neil Sheth, MD**

**Fellowship:** Adult Hip and  
Knee Reconstruction, Midwest  
Orthopaedics at Rush University

**Current Employment:**  
University of Pennsylvania,  
Philadelphia, PA

***How has training at Penn impacted your practice?***

My time at Penn was critical for my preparation for fellowship training where you have a very short period of time to demonstrate to your new mentors that you can operate. Training at Penn has adequately prepared me for every aspect of my career development.

***What have you learned in your first decade of practice?***

Learn as much as you can in residency and in fellowship maximize the amount of time you spend pre-operatively planning for cases. This allows you to do all of your thinking before a procedure the OR is not a place to think, it is a place to execute a well thought out plan.

***What advice would you give residents?***

Be thankful that you get to follow a very rigorous training program in order to provide excellent care. Orthopaedic

**SangDo Park, MD**

**Fellowship:** Sports Medicine,  
Kerlan-Jobe Orthopaedic Clinic

**Current Employment:** St.  
Vincent Medical Center, Los  
Angeles, CA

***How has training at Penn impacted your practice?***

Training at Penn has allowed me to practice general orthopedics because it gave me a well-rounded curriculum. More importantly, my experiences at Penn have allowed me to develop many good habits and to be thorough in all matters related to patient care. I learned a lot of good habits from the attendings and my senior residents. This has carried over into allowing me to provide good care for my patients and to stay out of trouble.

***What have you learned in your first decade of practice?***

In my first decade of practice, I learned that nothing stays constant. Everything changes...the practice environment, business side of medicine, what we know of diseases, the

surgeons in most countries outside of the US do not have the privilege of training for as long as we do and don't have the same written and oral board requirements they are often turned out into practice well before they are ready. Take comfort in the fact that training at Penn allows you to be prepared for the future evidenced by the fact that for the past 5 years, 3-4 graduating residents have been offered a job at their fellowship. You learn how to operate in residency, not in fellowship fellowship is for fine tuning your decision making. Penn is an outstanding program to train.

**Eric Ricchetti, MD**

**Fellowship:** Shoulder and Elbow Surgery, Rothman Orthopaedic Institute

**Current Employment:** Cleveland Clinic, Cleveland, OH

